

Death & Transhumanism

(Discussion Questions)



When people arrive at your table

- ✓ Ask people to order something so that we can keep up good relations with this restaurant since they are letting us use their space.
- ✓ Ask people to place their food and drink orders **before** the discussion starts so that the discussion won't be interrupted as much.

Once the food and drinks have been ordered let everyone know...

Our main Intention

- is to provide a **balanced discussion** where everyone has a chance to speak.

We only have two rules

- respect for everyone at the table, and one person talking at a time (during the facilitated portion).

Interjecting

- In order to avoid anyone from **dominating** the discussion, just **raise your hand** if you would like to speak. That way, everyone (including the facilitator) knows that you have something to say.

Okay, let's get started!



***Around-the-table question:**
Go around the table from left to right ending with yourself.

Warm Up Question

Which of the Food for Thought videos was the most **thought-provoking** to you and why?

**Around-the-table question*

(Legacy)

How would you like to be **remembered** if you died tomorrow?

(Beliefs)

Do you believe that some part of you will **live on** after you die? (i.e. your soul)

Transhumanism the belief or theory that the human race can evolve beyond its current physical and mental limitations, especially by means of science and technology.

Do you **accept** death as a part of life or do you see it as a **disease** that needs to be cured?

**Around-the-table question*

Can a life still be **precious** and have **structure, meaning, and purpose** if it doesn't have an end?

If people could live as long as they wish, what would be your solution for **'the overpopulation problem'**?

(Dying With Dignity)

Are you aware of what your rights are (in your country) to legally end your life on your own terms?

Strategies

How can someone **emotionally prepare** themselves for the death of a loved one, whether that loved one is in good health or not?

What strategies have worked for you in **coping** with the death of a loved one?

90 min

Do you have any **constructive feedback** for the facilitators at your table?

AFTER 90 MINUTES:

Feel free to stick around as long as you like. If there are multiple tables for this event then you are encouraged to move to other tables to mix and mingle.

Conversations are no longer limited to the topic.